

## THE HISTORY OF GOLD

Gold plays an important but mysterious role in the history of mankind. In the book of Genesis, the first book of the Old Testament, it states that gold can be found in the hills on Earth. Moses gave gold to his people in the desert.

Gold is one of the most noble metals. The efficacy of gold has been known since the human race began to exist. The Chinese put gold coins in their cooking water to be able to ingest small particles of this precious metal. They were the first ever to make colloidal gold. The word alchemy can be traced back to the Chinese words *Kim* (gold) and *Yeh* (moisture). The alchemists manufactured an elixir of gold, which would extend life considerably. Paracelsus, the famous physician, alchemist and chemist from the 16th century, not only prescribed colloidal gold for melancholy ("Gold makes the heart happy," he said) and as a life-extending and rejuvenating agent, but also

as a medicine for various diseases. As the predecessor of modern pharmacology, he developed medicines from various metallic minerals, including gold. Current scientific research, which was implemented in 1857 for the first time, confirms ancient uses of colloidal gold and explores its mechanisms.

### References:

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